CHILDREN'S DENTISTRY FOR ALABAMA

2425 MEDICAL CENTER PKWY.
SELMA, ALABAMA 36701
334-875-1330

1402 VETERANS MEMORIAL PKWY
TUSCALOOSA, ALABAMA 35404
205-409-0214

EXTRACTION CARE SHEET

1. Protection of blood clot– Have your child bite on a gauze sponge that has been placed over the extraction site, maintaining steady pressure, for 30-45 minutes/1 hour for permanent extractions. If bleeding continues, replace sponge with another as provided.
2. Do not permit your child to rinse or use mouthwash for at least 24 hours. After 24 hours, have your child rinse with warm salt water (1/2 tsp. table salt in 8 oz. warm water) 3 or 4 times a day for 2 or 3 days.
3. Pain following dental extraction– It is normal to experience some discomfort. If pain medication has been prescribed for your child, give as needed.
4. If antibiotics are prescribed make sure to give as instructed.
5. A clean mouth heals faster– Please continue brushing carefully around extraction site.
6. Having adequate food and fluid intake following general extractions is important for your child. If easting solids is too difficulty you may supplement your child's diet with liquids. Do not permit your child to consume liquids through a straw.
7. Avoid all excessive activity for the remainder of the day.
8. Do not allow your child to pick at the extraction area.
9. If any questions or problems arise do not hesitate to call!